Fast Food

Title of ER: How often do you eat fast food? Why?
Level: A2
Can-dos: See below
Target audience: all college level students
General goals/objectives: listening comprehension
Specific goals/objectives: 1. understand and use adverbs of frequency 2. understand an **explanation** of a speaker's choice to eat/avoid fast food. 3. provide an **explanation** of your reasons for following a specific diet.
Materials needed for activity: (check the following) Xinternet access _projector Xspeakers _printout _BYOD (Bring Your Own Device - smartphone, tablet) _other: _____
Time: 25 min
Overview: Listening activity followed by optional review of frequency markers and then speaking activity based on listening
Activity 1 1. Introduce definition of 'fast food' and review adverbs of frequency. 2. Tell Ss that they are going to hear people talk about fast food. They should mark how often each one eats fast food. 3. Check the answers together. 4. Tell the Ss this time to listen for why the people consume fast food and write it in the second table. 5. Check the answers together. 6. If needed, review the information about definite and indefinite frequency markers. 7. Have Ss tell how often and why they follow a certain diet, using the key phrases provided.
Supplementary materials included
Related LOs How often do you eat fast food? Why? You are what you eat...or are you? Vegan? Vegetarian? What's the difference? The road to veganism

Can-dos

Interaction / Written	Overall written interaction	Can write short, simple formulaic notes relating to matters in areas of immediate need (A2)

Reception	Identifying cues and inferring (spoken and written)	Can identify unfamiliar words from the context on topics related to his/her field and interests (B1)
		Can extrapolate the meaning of occasional unknown words from the context and deduce sentence meaning provided the topic discussed is familiar (B1)

Linguistic	Orthographic control	Can write with reasonable phonetic accuracy (but not necessarily fully standard spelling) short words that are in his/her oral vocabulary (A2)

Linguistic	Grammatical accuracy	Uses reasonably accurately a repertoire of frequently used "routines" and patterns associated with more predictable situations (B1)
Linguistic	Vocabulary control	Shows good control of high frequency vocabulary but major errors still occur when expressing more complex thoughts or handling unfamiliar topics and situations (adapted B1)

How often do you eat fast food? Why?

Some people never eat fast food, while others eat it sometimes or even always.

1.   **Click on this link and then listen to how often and why each person eats fast food. Mark the box under the column that best describes how often each speaker eats fast food:**

	never	*seldom*	*sometimes*	*frequently*	*always*
David					
Aiste					
George					
Mike					
Chrystal					
Diego					

2.   **Now listen to this link again and write why each person eats fast food.**

	Why do they eat fast food?
David	
Aiste	
George	
Mike	
Chrystal	
Diego	

3.   **The words that tell us how often someone does something are called frequency markers. Definite frequency marker tell us specific periods of time, such as 'daily'. Indefinite frequency markers are not specific, for example, 'often'.** View this cute video.

4. **Using both definite and indefinite frequency markers, tell how often and why you follow a certain diet. You might want to use the phrases below:**

How often?	Why?
I usually follow a vegan/vegetarian/healthy/low cholesterol/low fat/normal diet...	...because I often have a craving for it.
I eat meat/fish/vegetables/fruit/dairy products daily...	...because after eating it, I don't feel very good.
I have chocolate/a glass of wine/my favourite cake once a week...	...because it's convenient.